

Authentic Women Circle™

November 3, 2013 Circle
Readings from the Grace Basket

May the love that is in my heart
Pass from my hand to yours.

Traditional American Grace

For food that stays our hunger,
For rest that brings us ease,
For homes where memories linger,
We give our thanks for these.

Traditional English Grace

Praise be to the Lord of the Universe
Who has created us and made us into tribes and nations
That we may know each other.
Not that we may despise each other...
Most gracious are those who walk on the Earth in humility,
And when we address them, we say, "Peace."

Traditional Muslim Blessing

Harvest home! Harvest home!
We've plowed, we've sowed,
We've reaped, we've mowed,
We've brought home every load.
Bless us all, Harvest Home.

Traditional Harvest Home Blessing

In a world where so many are hungry,
May we eat this food with humble hearts;
In a world where so many are lonely,
May we share this friendship with joyful hearts.

Traditional American Blessing

May we join hands around the dinner table.
To pray for the strength and patience to love one another.
May our circle grow with every birth and union.
Into a community united by love, rather than blood.
May every hardship make our circle stronger.
May it teach us that whenever we reach out in need
Our hands will always be clasped in the palms of others.

Contemporary American Blessing

For the blessings you've bestowed upon this home and on this family,
For all the days we've had together and all the days to come,
For the joys and sorrows that bind us every closer,
For the trials we've overcome,
And for teaching us that we can do no great things,
Only small things with great love,
We thank you.

Traditional American Blessing

Always remember to forget
The troubles that passed away.
But never forget to remember
The blessings that come each day.

Traditional Irish Blessing

May we be a protector to those without protection
A leader for those who journey
And a boat, a bridge, a passage
For those desiring the other shore.

Traditional Buddhist Blessing

We return thanks to our mother the earth,
Which sustains us.
We return thanks to the rivers and streams,
Which supply us with water.
We return thanks to the sun, moon and stars,
Which give us their light.
We return thanks to the Great Spirit,
In Whom is embodied all goodness,
And Who directs all things for the good of Her children.

Traditional Iroquois Blessing

The food which we are about to eat
is Earth, Water and Sun.
Therefore, Earth, Water and Sun
will become part of us.
This food is also the fruit
of many beings and creatures.
We are grateful for it.
May it give us strength, health and joy --
and may it increase our love.

Unitarian Blessing

We offer thanks for the gift of togetherness.
May we honor our union
by forgiving our differences,
by opening our hearts to intimacy,
by strengthening our spoken and silent communication,
and by respecting the source of this and all love.

Contemporary American Blessing

And read by Pam during our Highlights...

Feeling gratitude and not expressing it
is like wrapping a present and not giving it.

-- William Arthur Ward

